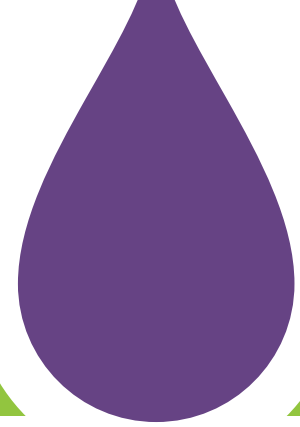


BLACK CURRANT MICRODRIED® WHOLE

Nutritional Information



WHOLE

Analysis Name	Results	Units
Calories	373	cal/100g
Carbohydrates	81.97	% by wt.
Total Sugars	17.08	% by wt.
Fructose	8.83	% by wt.
Glucose	6.89	% by wt.
Lactose	<0.25	% by wt.
Maltose	<0.25	% by wt.
Sucrose	1.36	% by wt.
Total Fat	1.99	% by wt.
trans Fat	<0.01	% by wt.
Saturated Fat	0.29	% by wt.
Monounsaturated Fat	0.26	% by wt.
cis-cis Polyunsaturated Fat	1.36	% by wt.
Total Dietary Fiber	27.6	% by wt.
Protein	6.80	% by wt.
Vitamin A (Beta Carotene)	404.72	IU/100g
Vitamin C	445.97	mg/100g
Calcium	48.4	mg/100g
Iron	1.97	mg/100g
Sodium	1.40	mg/100g
Ash	3.37	% by wt.

This nutritional information does not represent lot specific testing and is not to be considered a specification.



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