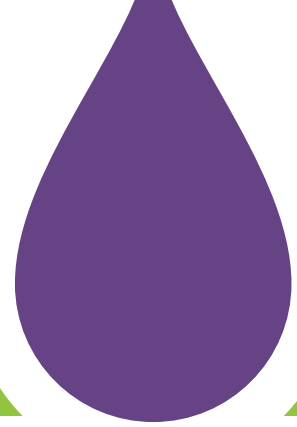


# MANGO MICRODRIED® CUBED

HIGH MOISTURE      Nutritional Information



## HIGH MOISTURE

Analysis Name	Results	Units
<b>Calories</b>	338	Cal/100g
<b>Carbohydrates</b>	80.59	% by wt.
<b>Total Sugars</b>	53.27	% by wt.
<b>Fructose</b>	17.95	% by wt.
<b>Glucose</b>	5.78	% by wt.
<b>Lactose</b>	< 0.25	% by wt.
<b>Maltose</b>	< 0.25	% by wt.
<b>Sucrose</b>	29.54	% by wt.
<b>Total Fat</b>	30.79	% by wt.
<b>Trans Fat</b>	< 0.01	% by wt.
<b>Saturated Fat</b>	0.38	% by wt.
<b>Monounsaturated Fat</b>	0.19	% by wt.
<b>cis-cis Polyunsaturated Fat</b>	0.18	% by wt.
<b>Total Dietary Fiber</b>	8.4	% by wt.
<b>Protein</b>	2.21	% by wt.
<b>Vitamin A (Beta Carotene)</b>	5,740	IU/100g
<b>Vitamin C</b>	20.33	mg/100g
<b>Calcium</b>	32.8	mg/100g
<b>Iron</b>	0.62	mg/100g
<b>Sodium</b>	5.88	mg/100g
<b>Ash</b>	1.95	% by wt.

*\* Data obtained from multiple sources including testing and literature. Data is not lot specific and should not be considered a specification.*

Concentrated Excellence®  
[milnefruit.com](http://milnefruit.com)



804 Bennett Avenue  
 Prosser, WA 99350  
 tel: 509.786.2611  
 fax: 509.786.4915